OUR LENTEN "FEED THE HUNGRY" CHALLENGE

During Advent, we encouraged people to start a box to give to the local food shelf, adding an item every day. This is also an excellent Lenten project, as food needs continue to be much higher than normal in our country with people suffering because of the pandemic. This is an especially good project for families, as each day you can remind children about caring and praying for those in need while encouraging them to help choose an item to put in the box. Then during Holy Week (or a time of your choosing), the box can be delivered to the food shelf.

Each day as you place your daily item in the box, pray for those who go hungry. You can encourage your children to offer their own prayers for those in need. Perhaps you want to do this in conjunction with a daily family meal, which would help make that connection between us and those who don't have enough food.